

VEDANTAA INSTITUTE OF NURSING SCIENCES, DAHANU, PALGHAR

Anti-Ragging Week Celebration 12th To 18th August

Delighted to inform you that, our College Campus has celebrated Anti Ragging week from 12th August to 18th August.

As per the rules of the University Grants Commission Anti - Ragging Week has been organized from 12th to 18th August 2026. In which students actively participated in the events listed below:-

DAY 1: AUGUST 12 2026 INTRODUCTION REGARDING ANTI RAGGING AND SELFIE CORNER

Programme was started at 10:00 am and commence warm welcoming of respected dignitaries and all students. Introduction regarding anti ragging was given by Dr. Moirangthem Premabati Chanuu Principal of Vedantaa Institute Of Nursing Sciences, Dahanu, Palghar, delivered an inspiring speech on the importance of maintaining a ragging-free campus.

Introduction

Ragging, a term that has unfortunately become synonymous with student life in some educational institutions, refers to the practice of harassing or bullying new students by their seniors. While some may argue that ragging is a harmless tradition meant to “welcome” newcomers, the reality is far more sinister. Ragging often involves physical and psychological abuse, leading to severe consequences such as trauma, depression, and even suicides. To combat this menace, anti-ragging measures have been put in place, and they are crucial for creating a safe and inclusive environment for all students.

Legal and Institutional Measures

Recognizing the serious implications of ragging, governments and educational institutions have implemented strict anti-ragging measures. In India, for instance, the University Grants Commission (UGC) has established stringent anti-ragging regulations, making it mandatory for institutions to have anti-ragging committees and squads. The Ragging Prohibition Act in various states prescribes severe punishments for those involved in ragging, including suspension, expulsion, fines, and even imprisonment.



DAY 2: AUGUST 13, 2026 – CREATIVE EXPRESSION (SLOGAN & ESSAY WRITING COMPETITION)

The Anti-Ragging Week commenced on a creative note with the Slogan Making and Essay Writing competitions. Students demonstrated deep understanding of the issue, producing powerful slogans that succinctly captured the anti-ragging message. The winning slogan, "Ragging: A Defeat for Humanity," resonated throughout the campus. Following this, the Essay Writing competition saw enthusiastic participation, with students penning thoughtful essays on the theme "Eradicating Ragging: A Collective Responsibility." Both events were highly effective in sparking early engagement and sensitizing the student body to the psychological and social implications of ragging.



DAY 3: AUGUST 14, 2026 – VISUAL ARTS (LOGO & POSTER MAKING COMPETITION)

Building on the creative momentum, the second day was dedicated to visual arts with Logo Making and Poster Competitions. Participants in the Logo Making competition were tasked with designing a unique symbol for the VINS Anti-Ragging Cell. The winning design, which creatively integrated a handshake within a 'Stop' symbol, was widely appreciated for its clarity and impact. Simultaneously, the campus grounds and corridors were adorned with a vibrant array of posters from the Poster Competition. These posters, featuring strong visuals and clear messages, effectively conveyed the "SAY NO TO RAGGING" theme and provided crucial information, including helpline numbers.



DAY 4: AUGUST 17, 2026 – INTERACTIVE ENGAGEMENT (PANEL DISCUSSION)

The mid-week events were marked by dynamic and interactive sessions. The day began with deeply insightful Panel Discussion was conducted. The panel, comprised of bsc nursing student from different semesters, facilitated an open dialogue on prevention strategies, reporting mechanisms, and student rights.



DAY 5: AUGUST 18, 2026 – COMMUNITY OUTREACH (ANTIRAGGING AWARENESS PLEDGE AND RALLY)

The Anti-Ragging Week culminated with a spirited Anti-Ragging Awareness Rally that conducted inside the campus of vedantaa institute of nursing sciences. Students carrying banners and placards with anti-ragging slogans. The day concluded with the solemn collective recitation of the Anti-Ragging Pledge, where all students and faculty reaffirmed their commitment to maintaining a disciplined and harmonious campus culture. The rally aimed to extend the message of a ragging-free educational environment in the campus. Participants chanted slogans and distributed informational pamphlets.





CONCLUSION

The Anti-Ragging Week 2026 at Vedantaa Institute of Nursing Sciences was a resounding success. The diverse array of activities ensured high levels of participation and engagement across all student batches.

By transforming anti-ragging education into a dynamic, week-long event, VINS has significantly fortified its campus against ragging and empowered its students to be active ambassadors for a safe and supportive academic community. The institute extends its heartfelt gratitude to the management, faculty, staff, and most importantly, the students for their invaluable contribution to making this event a landmark achievement.

THANK YOU